

Empowerment Begins With Education

The Official Newsletter of the OM Foundation



HIGHLIGHTS

- Covid Relief
- Stress Management Session
- Earth Day
- Yoga Session
- World Environment Day
- British Gas Volunteering Session
- Aspire Career Counselling Session

#COVIDRELIEF2021

The second wave of COVID-19 in India has had severe consequences in the form of spiralling cases, reduced supplies of essential treatments, and increased deaths particularly in the young population.

Last year, we identified needy families and provided 700+ ration kits to almost 400 families, severely affected by pandemic. We also distributed milk to Covid-19 patients in the local hospitals with the help of local authorities.

This year, we identified few families in villages of Noida who needed assistance. **We provided them with ration kits containing oil, flour, rice, pulses, salt, sugar, etc.** with the help of a local NGO called Udaar Foundation run by one of our alumnus. We catered to almost 100+ families & this time our beneficiaries included a community of transgenders who were also impacted heavily.

Packed Food Distribution

We were approached by **Noida Police** to help feed the hungry.

We used our in-house infrastructure to cook thalis with dal, sabzi, rice and chapatis with the help of our kitchen staff which were distributed by Noida Police. Within 3 weeks, we were able to provide them 1400+ meals.

Oxygen & Medical Help

When second wave hit India, there was a huge rush for oxygen cylinders and concentrators.

We created a bank of 7 oxygen concentrators that we loaned to people all across NCR. Some of our individual donors came up and donated money for oxygen concentrators and medical help.

Global Logic, one of our corporate donors also contributed two concentrators.

We were able to help a lot of patients through this drive. We want to thank our alumnus and volunteer Rishikant for going the extra mile and handling everything on the ground. In addition we also provided free medicines to those who couldn't afford them.

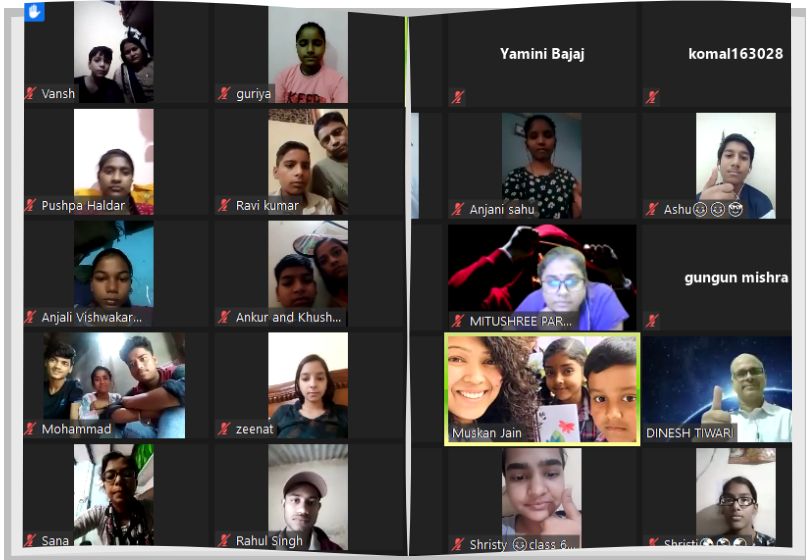


Stress Management Sessions

This year has been stressful for everyone in one way or the other. We were worried about the mental health and emotional well being of our students as well as teachers.

Our corporate partner, **EXL Service** came forward and conducted Stress Management Sessions for our teachers, students and their parents this month to guide them on how to manage their stress when staying positive is becoming so hard nowadays.

We are thankful to EXL Service for conducting this fruitful session and making everyone smile. 😊



Tea/Coffee making activity for Class 8th

We conducted a fun activity for the students of Class 8th of tea/coffee making activity. This activity was conducted to improve their english speaking skills and make them start taking interest in cooking. Please visit our Instagram handle [@om.foundation](https://www.instagram.com/om.foundation) to watch this video compilation of students who worked very hard for this activity.

COMING UP

Earth Day

Earth Day was celebrated on April 22, 2021 this year. We pledge to practice these 3 Rs always!

- Reuse
 - Reduce
 - Recycle
- Happy Earth day!



"Yoga is a powerful natural state that can inspire you in many ways."

Happy International Yoga Day ☐☐

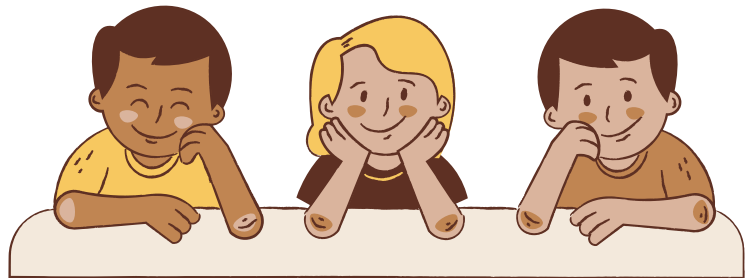
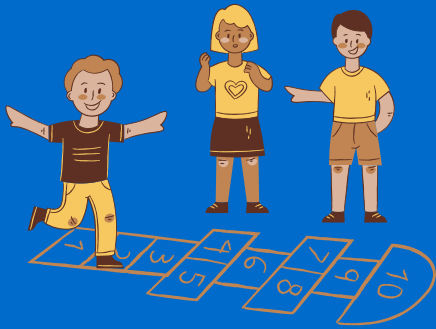


OM Foundation has now converted all of our classes to smart classes by installing hybrid smart boards.

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World Environment Day

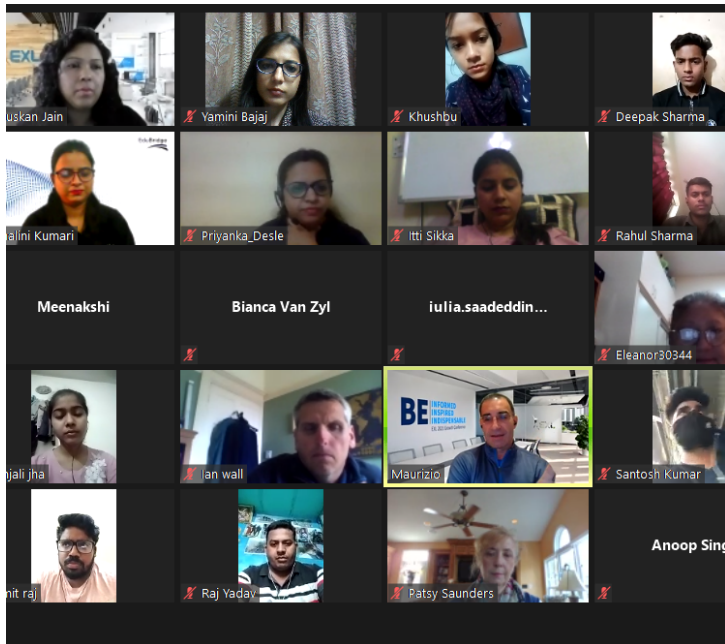
"Let us nurture nature now so that we can have a better future."

On the 5th of June, we celebrated World Environment Day with the theme of this year being "Ecosystem Restoration". We encouraged all of our students to plant one plant and nurture it for the rest of their lives.



Introducing Smartboards

OM Foundation has now converted all of our classes to smart classes by installing hybrid smart boards.



Volunteering Sessions

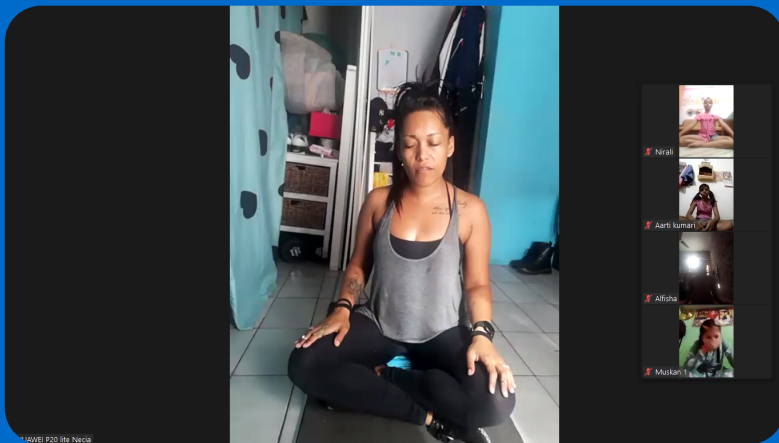
Our students had this amazing opportunity to interact with **corporates from UK** on topics such as the importance of a good education, etiquettes, confidence building, personality development, health and fitness.

Some of the speakers shared their success stories and inspired our children. Our students listened carefully and asked numerous questions.

International Yoga Day

“Yoga is the ultimate practice. It simultaneously stimulates our inner light and quiets our overactive minds.”

EXL Service organized a session on Yoga Day for our students.





Aspire Career Counseling Sessions with KPMG

Aspire, a programme supported by **KPMG** in India, empowers girls by supporting their education from grade 9 till they complete their graduation. The objective of the programme is to make the girls employable and to help them rise above their circumstances. Since this year has been particularly difficult for the class 12th students, KPMG conducted Career Counseling Sessions for Aspire students to help them in clarifying their career options. They also informed the children about the options in government jobs and the Indian armed forces.

Celebrating New Achievements

Despite the challenges of online learning, some of our students and faculty members came up with the concept of launching our first **Science Magazine** this year.

We are proud of all of the students and science faculty members who have worked so hard to turn this idea into an achievement. We can tell how much time and effort they have put into creating this amazing magazine.



SUCCESS STORY OF THE MONTH



I joined OM Foundation through **After school classes in 2018**. I was in 8th standard at that time. Then I was given the opportunity to get admission in OM Foundation in 9th standard. As a student of OM Foundation, I can say that the foundation provides the best education facilities, as well as various co-curricular activities and every kind of support to the students. OM foundation, in my perspective, was one of the life-changing chapters of my life. My teachers encouraged me to take commerce in 11th standard. When I was struggling in Accountancy, OM Foundation provided tuition classes that helped me to understand the concepts properly, resulting in goods marks in 12th standard. Following that, I was able to take admission in B. Com (H) at Dyal Singh College, University of Delhi. **This year, I have graduated with a CGPA of 7.3**. With the help of the OM Foundation, I was able to get my first job as well. Recently, I have started working in **CXC Infotech Pvt Ltd. as a Claims Benefit Administrator**. I am grateful to OM Foundation for always guiding me in the right direction.

GET INVOLVED

Become a member of OM Foundation.

Sponsor for a cause, become a volunteer, reach out to your friends and family and spread the good word around.

DONATE ONLINE

Please visit our page

<http://www.omfoundation.in/donation/>
to bring more smiles to the children.

All contributions to OM Foundation are eligible for Income Tax Exemption under Section 80G of the IT Act.



Bringing opportunities to the underprivileged

OM Foundation is a Noida based registered, secular, humanitarian and gender-sensitive charitable trust founded in 2002. The Foundation is registered under 80G & 12A of IT Act and under FCRA.



OM Foundation School
Village Hoshiyarpur, Near PNB
Sector 51, Noida, UP 201301

Contact us:

+91 9599227831 | projects@omfoundation.in
www.omfoundation.in